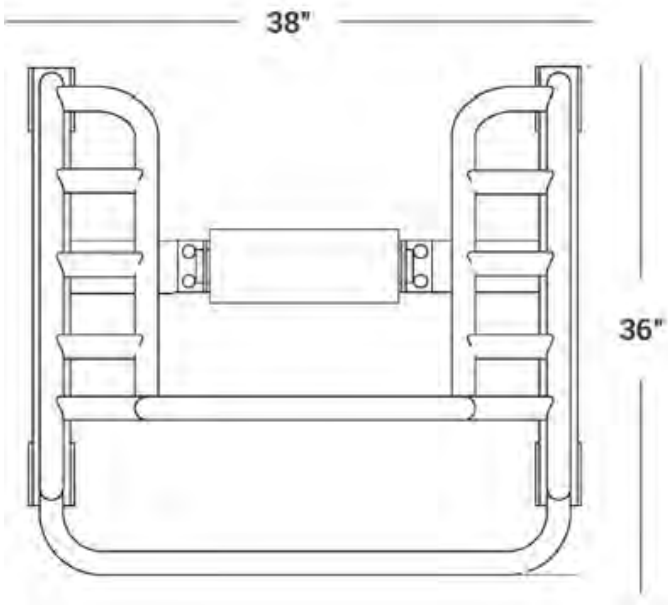


Flex Multi-Stretch



KEY FEATURES

- ✓ One (1) user
- ✓ One (1) station
- ✓ 18+ different stretches
- ✓ Weatherproof and tamperproof
- ✓ 15-year warranty

FLEX
MULTI-STRETCH

TECHNICAL SPECIFICATIONS

Height: 56" (143 cm)

Fall Height: N/A

Width: 38" (97 cm)

Use Zone: 10'9" x 9'2" (328 cm x 280 cm)

Length: 36" (92 cm)

Weight: 155 lbs. (71 kg)

Shipping Dimensions: 44" (112 cm) W x 45" (114 cm)

L x 62" (158 cm) H

Shipping Weight: 205 lbs. (93 kg)

Instructional Placards: Reverse print with UV-stabilized ink on 1/4" thick Lexan. Bolted to the columns with a stainless steel trim ring using stainless steel carriage bolts.

Frame: Constructed of 3/16" and 1/4" thick heavy-duty steel. All fasteners are tamperproof stainless steel carriage bolts with a smooth, rounded head and square neck.

Roller: The roller is constructed from a synthetic EPDM rubber with a 40 durometer.

Finish:

- All parts have surfaces prepped and cleaned of all mill scale, rust, oils, and dirt using shot blast and/or chemical wash
- Primer coat is applied with epoxy zinc-rich primer (3-4 mil thickness) and cured in oven
 - Primer designed for superior rust protection. Tested for 3000 hours of salt spray resistance
- Top finish coat is applied with TGIC-FREE weather-resistant polyester powder (3-4 mil thickness) and cured in oven
 - Tested for 1500 hours of salt spray resistance
- All parts inspected to be free of paint defects prior to shipping

Accessibility: It is the manufacturers' opinion that the Flex Multi-Stretch conforms to the A.D.A. accessibility standard, assuming an accessible protective surfacing is provided or within the entire use zone.

Upper Body Stretches

- Various grip anchor points for optimal flexibility and mobility techniques
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Stretches available:
 - Standing Cat Stretch
 - Shoulder Flexion Stretch
 - Side Bending Stretch
 - Chest Stretch
 - Bicep Stretch
 - Upper Trap Stretch
 - + More

Lower Body Stretches

- Various grip and foot anchor points for optimal flexibility and mobility techniques
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Stretches available:
 - Hip Swings
 - Standing Hip Flexor/Calf Stretch
 - Standing Hip Opener
 - Figure Four Glute Stretch
 - Inner Thigh Stretch
 - Deep Calf Stretch
 - + More

Recovery Stretches

- Includes a UV-stabilized 40-durometer urethane rubber roller
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Stretches available:
 - Quadriceps Release
 - Glute Release
 - Hamstrings Release
 - Lateral Hip Release
 - Calf Release
 - Mid-Back Release
 - + More

End of comprehensive technical specifications.